

# Instructions for Use: Trendelenburg Pad

## BEFORE USING PRODUCT, READ THE FOLLOWING INFORMATION THOROUGHLY.

### DESCRIPTION

The Trendelenburg Pad is a single use system for use in surgical procedures. The system consists of a proprietary formulation for the pink foam pad, non-woven lift sheet, body straps, head rests, and boot liners.

### INDICATIONS

The Trendelenburg Pad is a single use, non-sterile device to be used during surgery to provide patient protection from injury.

### INTENDED PURPOSE AND USER

This device is intended for use by trained healthcare professionals only.

### CONTRAINDICATIONS

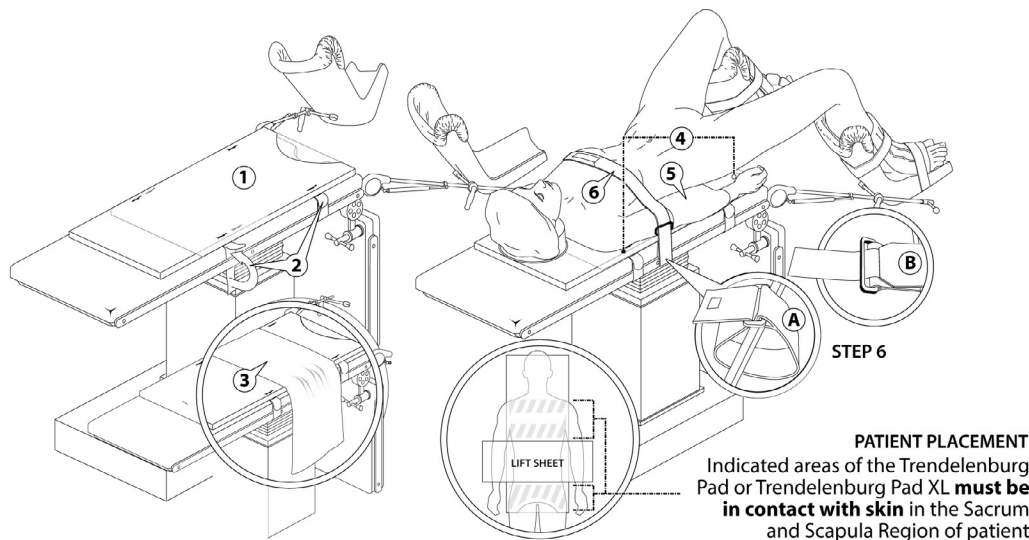
This device is not designed, sold, or intended for use except as indicated.

### KNOWLEDGE AND USE

Professional use requires knowledge of this instruction for use. Device use limited to surgical operating room in a hospital or surgery center.

### CLINICAL BENEFITS

To aid hospital facilities in providing a safe and effective method of management of the patient for pressure ulcers and non-movement for patients in the Trendelenburg position.



### PREPARATION AND USE

1. Place the Trendelenburg Pad at the very edge of the middle table segment nearest the perineal cutout, positioning the white hook & loop straps on the underside of the Trendelenburg Pad in direct contact with the table pad's surface. **IMPORTANT: DO NOT** use any table covers, linens, other transfer devices or materials between the Trendelenburg Pad and surface of the surgical table. The Trendelenburg Pad must contact the surface of the table pad. The "This Side Up" tags should be facing upward.
2. Attach the white hook & loop straps of the Trendelenburg Pad to the surgical bed rails by looping under the rail, as shown, and affixing the ends of the hook & loop to each other.
3. Lay the lift sheet over the pad, centered between the hook & loop straps as shown (inset A). The lift sheet should cover only the portion of the pad that will be addressing the small of the patient's back - below the Scapula Region and above the Sacrum.
4. Follow hospital protocol for intubation. Then properly position patient on pad. **IMPORTANT - THE PATIENT'S SKIN MUST MAKE DIRECT CONTACT WITH THE TRENDELENBURG PAD.** The skin of the Scapula Region and Sacrum must contact

the pad surface (inset B). Utilize the included lift sheet to carefully lift the patient up and off the pad to reposition as needed for safe and proper application of stirrups. Do not drag patient on pad. Make sure pad remains completely flat at all times.

5. Tuck arms as shown or per hospital protocol.
6. Attach the body strap as follows:
  - A. Place the strap component with the small hook & loop square around the table's accessory rail and through strap buckle.
  - B. Repeat the above step on the other side of the table with the remaining strap component with the hook & loop's hook side facing downward. Join straps together.

## **DISPOSAL**

- After use, the Trendelenburg Pad should be disposed of in accordance with hospital policy.

## **WARNINGS**

- This device was designed, test and manufactured for single patient use only. Reuse or reprocessing of this device may lead to its failure or subsequent injury.
- Reprocessing of this device may create the risk of contamination and patient infection.
- Do not reuse or reprocess this device.
- After use, the Trendelenburg Pad should be disposed of in accordance with hospital policy.
- The Trendelenburg Pad should be stored in a clean, dry location at room temperature prior to use. Avoid prolonged exposure to elevated temperatures.

## **PRECAUTIONS**

- The Trendelenburg Pad should be used in accordance with the instructions for use and any contraindications, warnings or precautions provided by the manufacturer of the associated instrument.
- Before using the Trendelenburg Pad, ensure that the O.R. table pad is securely affixed to the O.R. table and is clean and free of residue.
- Be sure to follow your facility's policies and guidelines for frequency of patient monitoring. Check skin for integrity and proper circulation. Product is to be used by licensed medical professional only.
- Care should be taken to safeguard the Trendelenburg Pad from exposure to prep solutions.
- Notice to the User and/or patient that any serious incident that has occurred in relation to the device should be reported and the competent authority of the Member State in which the user and/or patient is established, as well as, Xodus Medical and its Authorized Representative.

## **TECHNICAL SPECIFICATIONS**

- Materials of manufacture include:
  - » Polyurethane foam, synthetic adhesive, nylon strap
- Shelf Life – indefinite

## **STORAGE, TRANSPORT, AND OPERATIONAL CONDITIONS**

- The Trendelenburg Pad should be stored in a clean, dry location at room temperature prior to use. Avoid prolonged exposure to elevated temperatures.
- During ALL handling and storage, assure that the pad is flat. Do not roll or fold the pad.

# **Instructions for Use:**

## **One Step Trendelenburg Arm Protectors**

**BEFORE USING PRODUCT, READ THE FOLLOWING INFORMATION THOROUGHLY.**

### **DESCRIPTION**

The One-Step™ Trendelenburg Arm Protectors are a single use device for use in surgical procedures. The device wraps around the patient's arms and secures onto itself to prevent and protect the patient's arm, ulnar nerve, and fingers from injury.

### **INDICATIONS**

The One-Step™ Trendelenburg Arm Protector are a single use, non-sterile device to be used during surgery to prevent and protect the patient's arm, ulnar nerve, and fingers from injury.

### **INTENDED PURPOSE AND USER**

This device is intended for use by trained healthcare professionals only.

### **CONTRAINDICATIONS**

This device is not designed, sold, or intended for use except as indicated.

### **KNOWLEDGE AND USE**

Professional use requires knowledge of this instruction for use. Device use limited to surgical operating room in a hospital or surgery center.

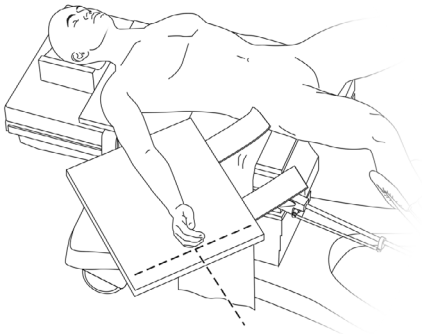
### **CLINICAL BENEFITS**

To aid hospital facilities in providing a safe and effective method of management of the patient for injury for patients in a surgical procedure.

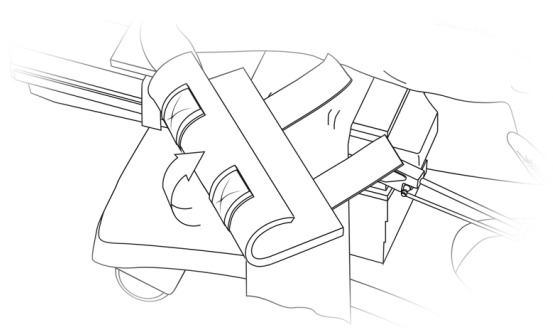
## PREPARATION AND USE

1. Place the One-Step™ Trendelenburg Arm Protector beneath the patient's arm, centering the arm protector laterally with straps facing down and inward toward the patient's torso. The pad should extend above the elbow and just below the fingertips. The hand should be positioned in a natural anatomical position with the palms facing inward so as not to impinge upon the ulnar nerve. The One-Step™ will protect the arm, ulnar nerve and fingers when adjusting the stirrups, while permitting easy access to the fingers and IV site. It will also safeguard against tissue breakdown.
2. Wrap the outer portion of the protector over the arm.
3. Next, wrap the remaining portion of the arm protector over the arm and secure the straps to the corresponding hook & loop patches as shown. Ensure that the One-Step™ Trendelenburg Arm Protector is firmly wrapped around the patient's arm. At this stage, check for proper alignment of the wrist and fingers. Also, inspect pulse oximeters, IV lines, etc. to ensure proper placement. Accessing these patient monitors is simple and repeatable.
4. Repeat steps 1-3 for the remaining arm. Once the One-Step™ protectors are in place, wrap the lift sheet per hospital protocol, tucking it between the patient and The Pink Pad.®  
Tucking methods vary according to hospital protocol. The lift sheet can be tucked either beneath the patient or beneath the O.R. table mattress. Lift sheets should not be tucked between The Pink Pad® and the O.R. table mattress.

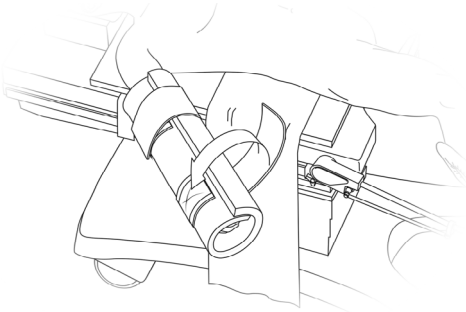
1.



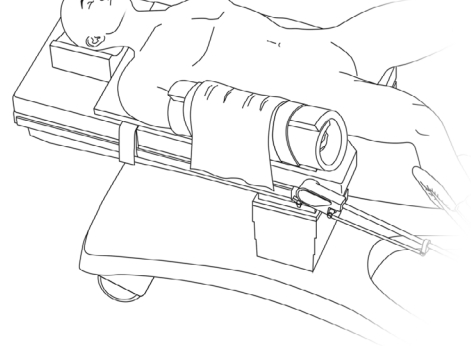
2.



3.



4.



## DISPOSAL

- After use, the One-Step™ Trendelenburg Arm Protectors should be disposed of in accordance with hospital policy.

## WARNINGS

- This device was designed, test and manufactured for single patient use only. Reuse or reprocessing of this device may lead to its failure or subsequent injury.
- Reprocessing of this device may create the risk of contamination and patient infection.
- Do not reuse or reprocess this device.
- After use, the One-Step™ Trendelenburg Arm Protectors should be disposed of in accordance with hospital policy.
- The One-Step™ Trendelenburg Arm Protectors should be stored in a clean, dry location at room temperature prior to use. Avoid prolonged exposure to elevated temperatures.

## PRECAUTIONS

- The One-Step™ Trendelenburg Arm Protectors should be used in accordance with the instructions for use and any contraindications, warnings or precautions provided by the manufacturer of the associated instrument.
- Be sure to follow your facility's policies and guidelines for frequency of patient monitoring. Check skin for integrity and proper circulation. Product is to be used by licensed medical professional only.
- Be sure to follow your facility's policies and guidelines for frequency of patient monitoring. Check skin for integrity and proper circulation. Product is to be used by licensed medical professional only.
- Notice to the User and/or patient that any serious incident that has occurred in relation to the device should be reported and the competent authority of the Member State in which the user and/or patient is established, as well as, Xodus Medical and its Authorized Representative.

## TECHNICAL SPECIFICATIONS

- Materials of manufacture include:
  - » Polyurethane foam; Nylon
- Shelf Life – indefinite

## STORAGE, TRANSPORT, AND OPERATIONAL CONDITIONS

- One-Step™ Trendelenburg Arm Protectors should be stored in a clean, dry location at room temperature prior to use. Avoid prolonged exposure to elevated temperatures.



Non-Sterile



Medical Device



Consult Electronic  
Instructions for Use



Do Not Re-use



Not Made with Natural  
Rubber Latex



Do Not Use If The  
Package Is Damaged  
Or Opened



Emergo Europe  
Westervoortsedijk 60  
6827 AT Arnhem  
The Netherlands



MedEnvoy Switzerland  
Gotthardstrasse 28  
6302 Zug  
Switzerland



**XODUS MEDICAL**  
Making Surgery Safer™



MADE IN THE  
**USA**

702 Prominence Drive  
New Kensington, PA 15068,  
United States

xodusmedical.com  
info@xodusmedical.com  
Tel: 1+724-337-5500

FDA REGISTERED  
ISO 13485 CERTIFIED

LITCOMBO005 R0 7/17/2025